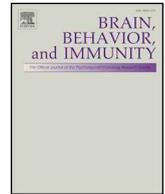




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Retrospectively reported childhood physical abuse, systemic inflammation, and resting corticolimbic connectivity in midlife adults

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ABSTRACT

Childhood abuse confers risk for psychopathology and pathophysiology in midlife through intermediate pathways that remain unclear. Systemic inflammation was tested in the present study as one pathway that may link physical abuse in childhood to the adult functioning of corticolimbic brain circuits broadly implicated in risk for poor mental and physical health. Midlife adults (N = 303; 30–51 years of age; 149 women) without psychiatric, immune, or cardiovascular diagnoses provided retrospective reports of childhood physical abuse. Functional connectivity between corticolimbic brain areas (amygdala, hippocampus, ventromedial prefrontal cortex [vmPFC], anterior cingulate cortex [ACC]) was measured at rest using functional magnetic resonance imaging. Circulating levels of interleukin(IL)-6, a pro-inflammatory cytokine previously linked to childhood abuse and corticolimbic functionality, were measured via blood draw. Consistent with prior studies, retrospectively reported childhood physical abuse was associated positively with circulating IL-6, and negatively with connectivity between the amygdala and vmPFC. IL-6 was also associated negatively with several corticolimbic functional connections, including amygdala-vmPFC connectivity. Moreover, path analyses revealed an indirect effect of IL-6 that partially explained the association between childhood physical abuse and adult amygdala-vmPFC connectivity. Consistent with recent neurobiological models of early life influences on disease risk across the lifespan, associations between childhood physical abuse and adulthood corticolimbic circuit functionality may be partially explained by inflammatory processes.

1. Introduction

Physical abuse in childhood is a form of early-life adversity that confers risk for poor mental and physical health across the life course. Specifically, individuals who experience childhood physical abuse are more likely to develop neuropsychiatric disorders, including major depressive disorder and post-traumatic stress disorder in adulthood (Green et al., 2010; McLaughlin et al., 2010). In addition, childhood physical abuse not only associates with premature death (Chen et al., 2016), but also with chronic physical illnesses in adulthood that are comorbid with poor mental health. The latter include coronary heart disease, hypertension, and Type II diabetes (Basu et al., 2017; Wegman and Stetler, 2009). Presently unclear, however, are the neurobiological pathways that may link childhood physical abuse to poor health outcomes later in life.

One speculation is that childhood physical abuse confers risk for poor health later in life by influencing the development of corticolimbic brain systems; namely, the amygdala, hippocampus, anterior cingulate cortex (ACC), and ventromedial prefrontal cortex (vmPFC) (Teicher et al., 2016).

These corticolimbic brain systems are implicated in detecting and maintaining vigilance towards threatening information, generating and regulating emotions, and encoding contextual and self-relevant memories (Davis and Whalen, 2001; Hiser and Koenigs, 2018; Price and Drevets, 2012; Simons and Spiers, 2003). From an evolutionary perspective, corticolimbic alterations following childhood physical abuse may be adaptive in the short term (e.g., serving to detect danger and avoid harm), yet maladaptive if maintained in the long-term or later life [e.g., resulting in the contextually inappropriate maintenance of hypervigilance and dysphoric mood, (Takesian and Hensch, 2013)]. In support of this speculation, animal models of early-life caregiver maltreatment [e.g., limited nesting environments, (Rainecki et al., 2010)] increase offspring dendritic spine numbers, in-vitro synaptic responses, and c-Fos expression in the amygdala (Guadagno, Wong et al., 2018; Rainecki et al., 2012). These maltreatment paradigms also reduce offspring neural activity in the mPFC (Rincón-Cortés and Sullivan, 2016). Findings from human brain imaging studies of adults also show associations of reported childhood physical abuse with alterations in the structure (Bremner et al., 1997; Gorka et al., 2014; Tomoda et al., 2009)

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and function (Banihashemi et al., 2015; Grant et al., 2011; Hein and Monk, 2017; Redlich et al., 2015) of corticolimbic are as (Cisler et al., 2013; Teicher et al., 2014). Moreover, childhood physical abuse associates with decreased functional connectivity (i.e., cross-correlated activity) between limbic (amygdala, hippocampus) and cortical (PFC, ACC) structures in both animal (Guadagno, Kang et al., 2018; Yan et al., 2017) and human (Birn et al., 2014; Grant et al., 2014; Herringa et al., 2013) studies. Reduced functional connectivity in the above corticolimbic brain systems in turn has been linked to negative affective states and neuropsychiatric disorders [e.g., major depression, social anxiety, (Brown et al., 2014; Hahn et al., 2011; Tang et al., 2013)]. Finally, similar corticolimbic brain alterations associated with childhood abuse have been reported in samples with and without neuropsychiatric disorders, suggesting these alterations may reflect a latent neurobiological or pre-clinical vulnerability for psychopathology (McCrorry and Viding, 2015; Teicher and Samson, 2013). In light of these observations, however, there is limited understanding of the intermediate pathways that link childhood physical abuse to corticolimbic circuit function in adulthood. Here, we test the putative role of peripheral inflammatory physiology.

To elaborate, it has been proposed that psychosocial and environmental conditions in childhood affect the developing immune system, and exposure to adverse conditions such as childhood physical abuse sensitizes peripheral immune cells to promote systemic inflammation, manifesting as a so-called “pro-inflammatory phenotype” (Miller et al., 2011). In animal models, early life stress upregulates pro-inflammatory gene transcription in peripheral monocytes (Cole et al., 2012) and increases circulating markers of systemic inflammation (Raineke et al., 2017; Wieck et al., 2013). Similarly, in epidemiological studies, childhood abuse associates with elevated circulating markers of inflammation (Chen and Lacey, 2018; Danese et al., 2007; Matthews et al., 2014), inflammatory responses to stress (Carpenter et al., 2010; Pace et al., 2006), and the co-occurrence of systemic inflammation and depression (Danese et al., 2008) in adulthood. Notably, a recent meta-analysis reported reliable associations in particular between childhood physical abuse and elevations of the pro-inflammatory cytokine, interleukin (IL)-6, in adulthood (Baumeister et al., 2016). In parallel, animal models show that IL-6 in the periphery can directly and indirectly promote central neuroinflammatory processes that impact functional neural activity, neurogenesis, and long-term potentiation (Ekdahl et al., 2003; Frenois et al., 2007; Katsuki et al., 1990). In contrast, other circulating markers of systemic inflammation, such as the acute phase reactant C-reactive protein (CRP), are generally thought to be incapable of directly accessing the central nervous system unless there are disruptions in blood-brain barrier permeability or clinical manifestations of pathology and clinically elevated circulating levels (Elwood et al., 2017; Kuhlmann et al., 2009). Human laboratory and brain imaging studies that experimentally stimulate increases in circulating levels of IL-6 [e.g., using endotoxin, (Fong et al., 1989)], report decreased functional connectivity within amygdala-PFC and hippocampal-PFC circuits (Harrison et al., 2009; Kraynak et al., 2018a). In sum, peripheral inflammatory processes, in particular those involving IL-6, reliably associate with childhood physical abuse, and are implicated in corticolimbic functionality, yet their contribution to the latter in the context of childhood physical abuse is presently unclear.

To review, parallel lines of evidence suggest physical abuse in childhood relates to both elevated systemic inflammation and reduced corticolimbic functionality in adulthood. In view of this evidence, Nusslock and Miller formulated the neuroimmune network hypothesis, which posited that “early-life adversity amplifies crosstalk between peripheral inflammation and neural circuitries subserving threat-, reward- and executive control-related processes” [cf. (Nusslock and Miller, 2016)]. At present, however, what is unclear is the extent to which systemic inflammation explains associations between childhood physical abuse and brain connectivity phenotypes previously linked to poor health in adulthood in line with a neuroimmune network framework.

Accordingly, we studied a community sample of midlife adults to test the hypotheses that reports of childhood physical abuse would be associated with (a) decreased functional connectivity at rest between corticolimbic

brain areas—focusing on amygdala-PFC and hippocampal-PFC connections, as well as (b) elevated circulating IL-6. Hence, we aimed to replicate prior findings in these areas using a community sample of midlife adults. We further hypothesized that elevated IL-6 would be associated with decreased corticolimbic connectivity. Finally, path analyses tested the hypothesis that IL-6 would partly explain the statistical association between childhood physical abuse and corticolimbic connectivity. Ancillary analyses examined the specificity of our findings to childhood physical abuse and IL-6, and tested for additional associations with individual differences in negative affect and subclinical depressive symptoms.

2. Methods

2.1. Participants

Participants were from the Pittsburgh Imaging Project (PIP), comprising a community sample of healthy midlife adults (N = 331; age 30–51) recruited using mass mailings to residents of Allegheny County, Pennsylvania. Those responding to the mass mailings were phone screened to determine initial eligibility, and those meeting initial eligibility appeared for a medical history interview conducted by a trained research assistant to screen for chronic medical conditions and medication usages. Full exclusion criteria for this study included self-reports of: (1) any history of clinical cardiovascular disease (CVD) or a CVD event (including stage II hypertension, stroke, myocardial infarction, congestive heart failure, or arrhythmia); (2) cardiovascular surgery; (3) cancer, a chronic kidney or liver condition, type 1 or 2 diabetes mellitus, or any pulmonary or respiratory disease; (4) current or past psychiatric diagnoses of substance abuse or mood disorders [verified by the Patient Health Questionnaire (Spitzer et al., 1999)]; (5) prior cerebrovascular trauma; (6) neurosurgery or any neurological condition; (7) pregnancy (verified by urine test in females); (8) color-blindness; (9) claustrophobia; (10) ferromagnetic implants; or (11) any use of psychotropic, lipid-lowering, weight loss, insulin, glucocorticoid, hypoglycemic, or cardiovascular medications. All participants provided informed consent, and the University of Pittsburgh Institutional Review Board granted study approval.

2.2. Protocol and measures

2.2.1. Self-report measures

Self-report measures examined childhood physical abuse and other forms of childhood adversity, adult stress, subclinical symptoms of depression and anxiety, personality factors related to negative affect, and adult health behaviors. Childhood physical abuse was measured using the Childhood Trauma Questionnaire [CTQ; (Bernstein et al., 1994, 2003)]. The CTQ comprises five subscales measuring different domains of childhood maltreatment: physical abuse, emotional abuse, sexual abuse, physical neglect, and emotional neglect. Each subscale comprises five questions regarding experiences in childhood (e.g., “People in my family hit me so hard that it left bruises or marks”) and participants respond using five-point Likert scales (i.e., “never true” through “very often true”). The CTQ has a cutoff score of 8 for the physical abuse subscale, which approximately 18% of the present sample met or exceeded, consistent with other community samples (Matthews et al., 2014). The CTQ has demonstrated adequate test-retest reliability, as well as internal consistency and convergent validity with clinician-rated interviews of childhood abuse (Fink et al., 1995). Given our hypotheses, primary analyses used the physical abuse subscale. For completeness of reporting, other forms of abuse and neglect as measured by the CTQ were examined in ancillary tests (see Supplemental Material). Two indices of childhood socioeconomic disadvantage were collected: parental education and perceived parental social standing (Adler and Stewart, 2007). Parental education was defined as the highest education attained by either parent during the participant’s childhood, as measured by years of schooling (i.e., 1 = grade school; 9 = high school; 13 = college; 20 = postgraduate). Perceived parental social standing was measured by standardizing and averaging maternal and paternal ratings from the MacArthur Scale of

Subjective Social Status (Adler and Stewart, 2007).

Recent negative life events were assessed using the Life Events Checklist (Cohen et al., 1991). Perceived stress was measured using the 10-item Perceived Stress Scale (Cohen et al., 1983). These scales were used to test whether findings could be accounted for by adult levels of stress or adversity as opposed to childhood physical abuse. Depressive symptoms were measured using the Beck Depression Inventory-II [BDI-II, (Beck et al., 1996)]. Because of the role of inflammatory cytokines in sickness behaviors (Swardfager et al., 2016), ancillary analyses also considered the somatic-affective dimension of the BDI, computed using published factor loadings (Steer et al., 1999). Trait anxiety was measured using the Trait scale of the Spielberger State-Trait Anxiety Inventory (STAI-T) (Spielberger et al., 1970). Finally, because personality factors related to negative affect could bias retrospective recall of childhood abuse (Watson and Pennebaker, 1989), trait neuroticism was measured using the NEO personality inventory (Costa and McCrae, 1992). Adult health behaviors included measures of smoking status (never, former, or current) as well as alcohol use (reported number of alcoholic drinks consumed in the past month).

2.2.2. Systemic inflammation

All participants refrained from eating and exercising, as well as consuming caffeine, tobacco, and alcohol for at least 8 h prior to the morning of MRI assessment. A morning blood sample was drawn immediately prior to MRI assessment (7:00–11:00 AM), and the visit was rescheduled if the participant reported symptoms of acute infection, use of antibiotics or antivirals, or vaccination in the previous two weeks. Blood was collected in citrated tubes, with harvested plasma frozen at -80°C until batch analysis. IL-6 was determined by a high-sensitivity quantitative sandwich enzyme immunoassay kit (R&D Systems, Minneapolis, MN, standard range = 0.156–10 pg/mL). IL-6 levels were extrapolated from a standard curve with linear regression from a log-linear curve. IL-6 samples were run twice (mean coefficient of variation 4.24). Log transformation was used to correct the distributional skew of IL-6 values. Blood samples were also used to determine high-sensitivity CRP (see Supplemental Material).

2.2.3. Magnetic resonance imaging (MRI) acquisition and preprocessing

Functional MRI (fMRI) data were acquired within a 3 T Trio TIM whole-body MRI scanner (Siemens, Erlangen, Germany), equipped with a 12-channel phased-array head coil. Blood-oxygen level-dependent (BOLD) images were acquired over a 5-minute eyes-open resting period with a gradient-echo EPI sequence using the following parameters: field-of-view (FOV) = $205 \times 205 \text{ mm}^2$, matrix size = $64 \times 64 \text{ mm}^2$, repetition time (TR) = 2,000 ms, echo time (TE) = 28 ms, and flip angle (FA) = 90. Thirty-nine slices (3 mm thickness, no gap) were obtained in an interleaved sequence in an inferior-to-superior direction, yielding 150 BOLD images (three initial discarded images, allowing for magnetic equilibration). For spatial coregistration of BOLD images, T_1 -weighted 3D magnetization-prepared rapid gradient echo (MPRAGE) neuroanatomical images were acquired over 7 min 17 s by these parameters: FOV = $256 \times 208 \text{ mm}^2$, matrix size = $256 \times 208 \text{ mm}^2$, TR = 2,100 ms, time-to-inversion (TI) = 1,100 ms, TE = 3.29 ms, and FA = 8.

Spatial preprocessing steps were conducted using Statistical Parametric Mapping 8 (SPM8; <http://www.fil.ion.ucl.ac.uk/spm>). Functional resting-state BOLD images were realigned to the first image using a six-parameter rigid-body transformation; the output movement parameters were used for subsequent motion regression preprocessing steps. Functional images were then coregistered to the T_1 -weighted structural image and normalized by 12-parameter affine transformation to the International Consortium for Brain Mapping 152 template. Functional images were spatially smoothed using a 6-mm full-width-at-half-maximum (FWHM) Gaussian kernel. Additional preprocessing steps were conducted using the CONN toolbox, version 17e (Whitfield-Gabrieli and Nieto-Castanon, 2012). Functional images were detrended and corrected for motion and physiological factors by removing via multiple regression the following timeseries: the six detrended motion correction parameters produced by the realignment step, their temporal derivatives, the first two principal components of white

matter timeseries extracted using principal component analysis within a standard group atlas mask, and the first three principal components of cerebrospinal fluid timeseries extracted using principal component analysis within a standard group atlas mask (Behzadi et al., 2007). Residual functional data were temporally bandpass filtered ($0.009 \text{ Hz} < f < 0.08$) to preserve low frequency signal fluctuations of interest.

2.3. Region-of-interest (ROI) definition

We selected the following six *a priori* ROIs comprising limbic, vmPFC, and ACC areas, according to their hypothesized role in childhood physical abuse and inflammatory physiology. Amygdala and hippocampus ROI masks were created from the Automated Anatomical Labeling (AAL) atlas (Tzourio-Mazoyer et al., 2002) using the Wake Forest University PickAtlas Toolbox (Maldjian et al., 2003). Because there were not *a priori* hypotheses about laterality, left and right regions were combined into a bilateral mask for each structure. The vmPFC mask was created by combining rectus and orbital gyrus regions labeled in the AAL atlas (Tzourio-Mazoyer et al., 2002). Masks pertaining to three subdivisions of the ACC (i.e., dorsal [dACC], perigenual [pgACC], and subgenual [sgACC]) were created from the IBASPM 71 atlas (Aleman-Gomez et al., 2006) in accordance with prior work (Gianaros et al., 2014).

2.4. Functional connectivity estimation

Connectivity metrics were computed in the CONN toolbox using ROI-to-ROI procedures. For each pair of four cortical (i.e., vmPFC, dACC, pgACC, sgACC) and two limbic (i.e., amygdala, hippocampus) ROIs, functional connectivity between two extracted and mean-centered timeseries was estimated using Pearson's correlation and transformed using the Fisher *r-to-z* transform, resulting in estimates for 8 corticolimbic connections. Ancillary analyses tested the latent factor structure of these corticolimbic connections using Factor Analysis (see Supplemental Material). Individual corticolimbic connections, as well as these latent connectivity factors, were examined in association with physical abuse and IL-6.

Table 1
Summary of participant characteristics (N = 303).

Characteristic	Mean or N	SD or %
Age (years)	40.30	6.24
Race		
White	213	70.30
Nonwhite	90	29.70
Body mass index (kg/m ²)	26.80	5.03
Smoking status		
Never	191	63.04
Former	60	19.8
Current	52	17.16
Alcohol use (number of drinks in past month)	10.84	15.82
Childhood Trauma Questionnaire		
Total score	36.29	11.42
Physical abuse subscale	6.44	2.54
Meets clinical criteria for physical abuse *	56	18.48
Occupant-adjusted income (thousand dollars / year)	30.57	7.45
Depressive symptoms (BDI-II)		
Total	3.46	3.38
Somatic symptoms	1.05	1.19
Trait Anxiety (STAI-T)	32.91	7.20
Neuroticism (NEO-N)	76.47	20.71
IL-6 (pg/mL)		
Raw	1.48	1.21
Log-transformed	0.19	0.60
Frame-wise Displacement (mm)	0.24	0.18

BDI, Beck Depression Inventory; STAI-T, State Trait Anxiety Inventory – Trait subscale; NEO-N, Neuroticism, Extraversion, Openness Personality Inventory – Neuroticism subscale.

* Determined using cutoffs as defined in ref. (Bernstein et al., 2003).

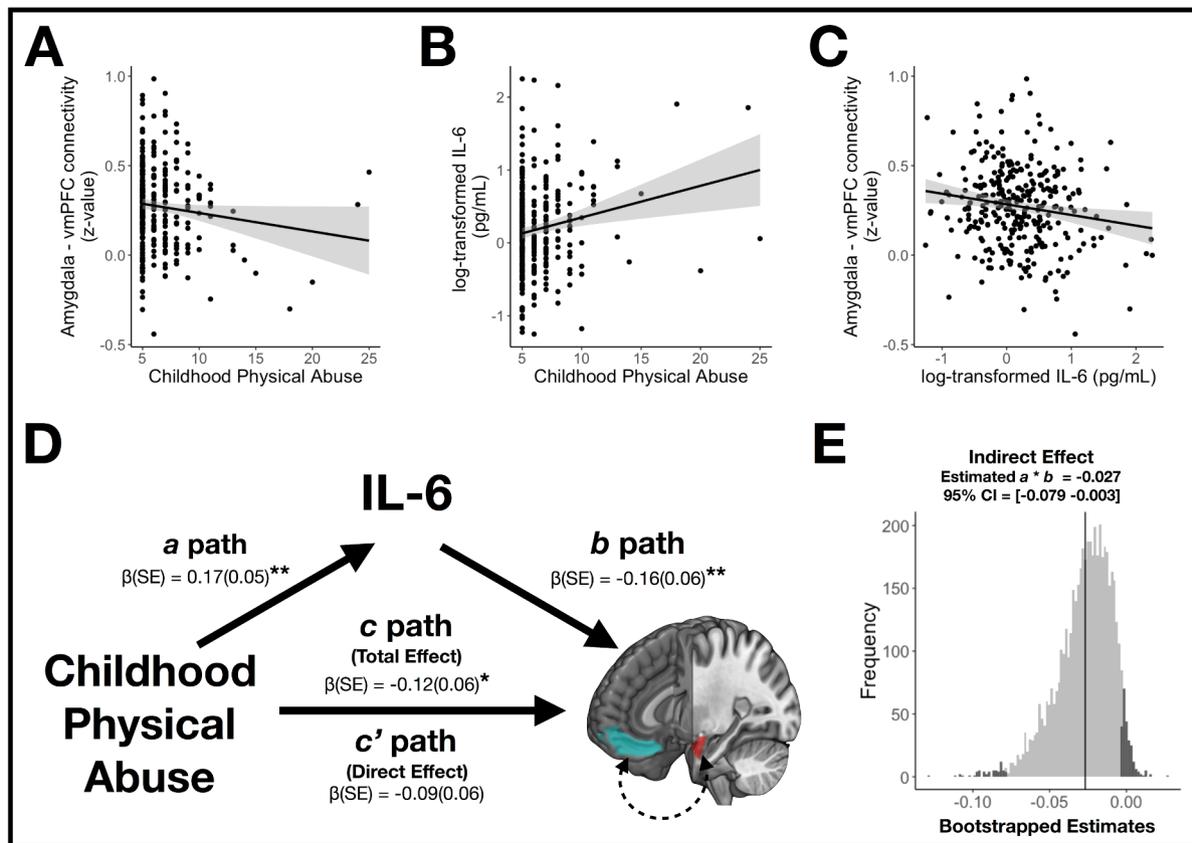


Fig. 1. (A) Adulthood resting connectivity between the amygdala and ventromedial prefrontal cortex (vmPFC) shown as a function of retrospectively reported childhood physical abuse. (B) Circulating levels of adulthood interleukin-6 (IL-6) shown as a function of childhood physical abuse. (C) Amygdala – vmPFC connectivity shown as a function of IL-6. The scatter plots shown in A–C are unadjusted for covariates for illustration purposes. (D) Path model summarizing the association of childhood physical abuse and amygdala – vmPFC connectivity, as mediated by circulating IL-6. Regions-of-interest corresponding to the amygdala and vmPFC are depicted in red and blue, respectively. The values correspond to each estimate [β (SE)] for the indirect (a, b), direct (c'), and total (c) paths. (E) Distribution of 5000 bootstrap samples of the indirect ($a \times b$) effect for the mediation results shown in D. The gray-shaded area of the distribution encompasses $a \times b$ indirect effects falling within a 95% bias corrected and accelerated confidence interval (CI). β , standardized beta; CI, confidence intervals; CTQ, Childhood Trauma Questionnaire; IL-6, interleukin-6; SE, standard error; vmPFC, ventromedial prefrontal cortex * $p < .05$. ** $p < .01$. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

2.5. Covariates

All analyses controlled for age and sex. In addition, due to the role of adiposity in systemic inflammation (Mohamed-Ali et al., 1997), body mass index (BMI; derived using participant height and weight) was included in all analyses. Finally, head motion during fMRI acquisition might also bias functional connectivity estimates, due to motion-induced increases in the BOLD signal across the brain (Van Dijk et al., 2012). Therefore, in addition to minimizing within-participant motion confounds during fMRI preprocessing, participant head motion during fMRI acquisition was treated as a between-participant covariate. Specifically, for each participant, we calculated mean framewise displacement (FD), an index of frame-to-frame head motion (Power et al., 2015) that we previously linked to IL-6 (Marsland et al., 2017), and entered FD as a between-participant covariate in regression models.

2.6. Statistical analysis

Statistical analysis was conducted using R (R Development Core Team, 2016). Associations between childhood physical abuse, circulating IL-6, and extracted corticolimbic connectivity estimates, adjusting for covariates, were conducted using separate linear regression models.

To test predictions from the neuroimmune network hypothesis (Nusslock and Miller, 2016), we conducted path analyses (Baron and

Kenny, 1986) (Fig. 1D). According to this model, associations between childhood physical abuse and corticolimbic connectivity *without controlling for IL-6* were tested as the total effect of the independent variable (X) on the dependent variable (Y), or Path c. Associations of abuse with IL-6 were tested as the effect of X on the mediator variable (M), corresponding to Path a. Associations of IL-6 with connectivity, controlling for abuse, were tested as the effect of M on Y, corresponding to Path b. Associations between abuse and connectivity *while controlling for IL-6* were tested as the direct effects of X on Y, or Path c'. Finally, the indirect path effect of the association of abuse and connectivity – as mediated by IL-6, was tested as the indirect effects of X on Y through M, and calculated as the product of Paths a and b. Statistical significance of the indirect path was assessed by bootstrapping (5000 iterations) the indirect path coefficients (Preacher and Hayes, 2008), with 95% confidence intervals (CIs) generated using the bias-corrected and accelerated method in the Causal Mediation Analysis package (Tingley et al., 2014).

We also explored the specificity of our findings and the influence of other factors by examining associations of IL-6 and corticolimbic connectivity with other childhood (e.g., socioeconomic disadvantage) and adulthood stressors (e.g., negative life events), demographics (age, sex, race, socioeconomic status), adult health behaviors, subclinical depressive symptoms, trait anxiety, and neuroticism. Owing to the cross-sectional nature of the present data, the above path analyses were modified in post-hoc analyses in which the proposed mediator (i.e.,

adult circulating IL-6) and outcome (i.e., adult connectivity) were exchanged in a new path analysis model. Finally, a separate set of ancillary analyses tested interactive effects between childhood physical abuse and inflammation on connectivity (Hostinar et al., 2017a) (detailed in Supplemental Material).

3. Results

3.1. Descriptive statistics

After quality control review of the complete PIP sample ($N = 331$), 28 participants were excluded on account of missing or high levels (i.e., > 10 pg/mL) of circulating IL-6 data ($N = 17$); self-reporting elevated symptoms of depression (Beck Depression Inventory score > 20 and Patient Health Questionnaire score > 12) ($N = 1$); missing, poor quality, or artifactual MRI data ($N = 10$). Demographic characteristics of the complete analytic sample ($N = 303$) are in Table 1. Participants included in analyses did not differ statistically from excluded participants on any study variable (all $p > .15$).

3.2. Associations of childhood physical abuse, adult IL-6, and adult corticolimbic connectivity

Retrospective reports of childhood physical abuse covaried negatively with functional connectivity between the amygdala and vmPFC in linear regression models adjusting for *a priori* covariates ($\beta = -0.12$, $p = .039$). Physical abuse did not associate with other corticolimbic connections (all $p > .2$), nor did it associate with latent factors of connectivity (both $p > .2$). Retrospective reports of childhood physical abuse also covaried positively with circulating IL-6 in linear regression models adjusted for covariates ($\beta = 0.17$, $p = .002$).

Circulating levels of IL-6 covaried negatively with connectivity between the amygdala and three cortical ROIs: the vmPFC ($\beta = -0.18$, $p = .004$), sgACC ($\beta = -0.14$, $p = .020$), and pgACC ($\beta = -0.13$, $p = .030$). IL-6 also covaried negatively with connectivity between the hippocampus and the vmPFC ($\beta = -0.15$, $p = .012$). Finally, these results agreed with those indicating that a latent factor of ventral PFC – limbic connectivity, comprising connections between the vmPFC, pgACC, sgACC, and both limbic regions (amygdala and hippocampus), similarly associated with circulating IL-6 ($\beta = -0.17$, $p = .006$).

3.3. Exploratory path analyses of childhood physical abuse, adult IL-6, and adult amygdala-vmPFC connectivity

Path analyses were used to test whether individual differences in circulating IL-6 accounted for associations between childhood physical abuse and corticolimbic connectivity (Baron and Kenny, 1986). Results from all path analysis models are depicted in Table 2, and results from the model including amygdala-vmPFC connectivity are depicted in Fig. 1D. Notably, there was a total effect of childhood physical abuse on amygdala-vmPFC connectivity ($\beta = -0.12$, $p = .039$), but not a direct effect when including IL-6 ($\beta = -0.09$, $p = .11$). Consistent with the absence of a direct effect, the indirect ($a \times b$) effect of childhood physical abuse on amygdala-vmPFC connectivity – as mediated by circulating IL-6 – exhibited an effect size of $\beta = -0.027$. Bootstrapped estimations demonstrated that a 95% bias-corrected and accelerated confidence interval of the latter indirect effect estimate did not include zero [-0.079 to -0.003], indicating significant mediation (Fig. 1E). The indirect ($a \times b$) effect reported above accounted for 22.2% of the association between childhood physical abuse and amygdala-vmPFC connectivity.

Table 2

Standardized point estimates (β) and corresponding standard errors (SE) in parentheses for mediation models depicting relationships between childhood physical abuse, interleukin-6, and individual corticolimbic connectivity outcomes. See Fig. 1 for the organization of the hypothesized relationships. Estimates for Path *a* are equivalent across models (i.e., all $\beta(\text{SE}) = 0.17(0.05)$, $p = .002$) and therefore are not depicted in the Table. See Supplemental Material for descriptions of the ventral and dorsal connectivity factors.

Corticolimbic Connectivity	Total Effect <i>c</i> β (SE)	Path <i>b</i> β (SE)	Direct Effect <i>c'</i> β (SE)	Indirect Effect <i>a</i> \times <i>b</i> β [95% CI]
Amyg – vmPFC	–0.12 * (0.06)	–0.16 ** (0.06)	–0.09 (0.06)	–0.027 [–0.079 –0.003]
Amyg – sgACC	–0.07 (0.06)	–0.13 * (0.06)	–0.04 (0.06)	–0.022 [–0.068 –0.001]
Amyg – pgACC	–0.05 (0.06)	–0.13 * (0.06)	–0.03 (0.06)	–0.021 [–0.066 –0.001]
Amyg – dACC	–0.05 (0.06)	0.06 (0.06)	–0.06 (0.06)	0.010 [–0.006 0.043]
Hipp – vmPFC	–0.05 (0.06)	–0.15 * (0.06)	–0.03 (0.06)	–0.025 [–0.078 –0.002]
Hipp – sgACC	0.00 (0.06)	–0.06 (0.06)	0.01 (0.06)	–0.01 [–0.047 0.009]
Hipp – pgACC	–0.04 (0.06)	–0.11 (0.06)	–0.02 (0.06)	–0.018 [–0.055 0.001]
Hipp – dACC	–0.02 (0.06)	–0.03 (0.06)	–0.01 (0.06)	–0.005 [–0.033 0.011]
Ventral Factor	–0.06 (0.06)	–0.16 ** (0.06)	–0.04 (0.06)	–0.027 [–0.076 –0.003]
Dorsal Factor	–0.02 (0.06)	0.01 (0.06)	–0.02 (0.06)	0.001 [–0.018 0.023]

Amyg, amygdala; β , standardized beta; CI, confidence interval; dACC, dorsal anterior cingulate cortex; Hipp, hippocampus; pgACC, perigenual anterior cingulate cortex; SE, standard error; sgACC, subgenual anterior cingulate cortex; vmPFC, ventromedial prefrontal cortex. * $p < .05$. ** $p < .01$.

3.4. Ancillary tests of relationships with other forms of childhood adversity and inflammatory physiology

We examined associations of other forms of childhood adversity (e.g., socioeconomic disadvantage) with IL-6 and corticolimbic connectivity (see [Table S5 in Supplemental Material](#)). In addition to physical abuse, circulating IL-6 was associated with the CTQ sum score ($r = 0.12$, $p = .040$), as well as the physical neglect subscale ($r = 0.12$, $p = .041$); however, these indices of childhood adversity did not statistically relate to IL-6 in regression models ($p > 0.05$). Moreover, IL-6 was unrelated to other childhood experiential factors, such as emotional abuse and socioeconomic disadvantage. Separately, we examined associations of CRP with physical abuse and corticolimbic connectivity; whereas CRP associated negatively with amygdala-vmPFC connectivity ($\beta = -0.19$, $p = .004$), it did not statistically associate with childhood physical abuse ($\beta = 0.02$, $p = .751$; see [Supplemental Material](#) for full details).

3.5. Ancillary tests of relationships with adult demographics, health behaviors, stress, depression, trait anxiety, and neuroticism

There were statistical race differences in retrospectively reported childhood physical abuse, with white participants reporting lower levels of childhood physical abuse than nonwhite participants ($\beta = -0.17$, $p = .003$). Smoking status (dichotomized into current/former vs never) was also statistically associated with childhood physical abuse ($t = 2.18$, $p = .03$). In contrast, there were not statistical sex differences in retrospectively reported abuse, and abuse was not statistically associated with age, adult occupant-adjusted income, alcohol use, perceived stress, subclinical depressive symptoms, trait anxiety, or neuroticism (all $p > 0.12$). IL-6 associated with adult occupant-adjusted income ($\beta = -0.22$, $p < .001$), smoking status ($t = 3.41$, $p < .001$), perceived stress ($\beta = 0.13$, $p = .017$), subclinical depressive symptoms ($\beta = 0.12$, $p = .025$), as well as the somatic-affective dimension of depressive symptoms ($\beta = 0.12$, $p = .025$). There were no differences by sex or race in IL-6, and IL-6 did not statistically correlate with age, alcohol use, neuroticism, or trait anxiety (all $p > .05$). Although smoking status associated with both childhood physical abuse and adult IL-6, the association of physical abuse and IL-6 remained in previously described regression models that also included smoking status ($\beta = 0.15$, $p = .006$). Finally, there were no statistical differences by sex, race, nor smoking status in corticolimbic connectivity, and connectivity estimates did not statistically associate with age, alcohol use, depressive symptoms, trait anxiety, or neuroticism (all $p > .05$).

3.6. Ancillary path analyses focusing on adult amygdala-vmPFC connectivity as mediator and circulating IL-6 as outcome

In a post-hoc analysis we modified the *a priori* path model above, using the same covariates, except treating amygdala-vmPFC connectivity as the proposed mediator (M) and circulating IL-6 as the proposed outcome (Y). There was a total effect of childhood physical abuse on circulating IL-6 ($\beta = 0.17$, $p = .002$), as well as a statistical direct effect when including adult-vmPFC connectivity in the model ($\beta = 0.15$, $p = .006$). The indirect effect of childhood physical abuse on amygdala-IL-6 via circulating amygdala-vmPFC connectivity exhibited an effect size of $\beta = 0.017$, 95% confidence intervals 0.001 to 0.057. The indirect effect accounted for 10% of the association between childhood physical abuse and circulating IL-6.

4. Discussion

Four sets of novel findings from the present study suggest that reported experiences of physical abuse in childhood may relate to corticolimbic functionality in adulthood, and that this association may be partly explained by systemic inflammation. First, retrospective reports of physical abuse in childhood associated with resting connectivity

between the amygdala and vmPFC in a midlife community sample. Second, abuse associated with elevated levels of circulating IL-6. Third, IL-6 levels associated with amygdala-vmPFC connectivity, as well as several other corticolimbic connections. Importantly, and consistent with our hypotheses as well as core predictions of the neuroimmune network hypothesis (Nusslock and Miller, 2016), the effect of childhood physical abuse on amygdala-vmPFC connectivity was partly explained (i.e., statistically mediated) by circulating IL-6 (Fig. 1D-E). To our knowledge, this is the first study to examine childhood physical abuse, peripheral inflammation, and measures of corticolimbic circuit functionality as measured by resting state fMRI in a healthy midlife sample from the community that was unconfounded by clinical disease or medication status. Likewise, these novel results also appear to support the main predictions of the neuroimmune network hypothesis; specifically, that elevated levels of systemic inflammation attributable to childhood physical abuse may plausibly affect corticolimbic circuits important for mental and physical health in adulthood (Nusslock and Miller, 2016).

Broadly, our findings are largely in line with hypothesized corticolimbic brain alterations that follow childhood abuse and persist into later life. Prior studies reported similar associations of childhood maltreatment and amygdala-vmPFC connectivity at rest in adolescent samples (Herringa et al., 2013), as well as adult samples with comorbid psychiatric diagnoses (Birn et al., 2014). Together, these findings point to connectivity within the corticolimbic circuit as a potential adult neurobiological correlate of childhood physical abuse. Notably, the specificity of our findings with regard to childhood abuse and corticolimbic functionality appear consistent with dimensional perspectives on childhood adversity and the brain (McLaughlin et al., 2014a). Specifically, according to these latter perspectives, the dimension of *threat* (including childhood physical abuse) is thought to exert specific effects on threat-related corticolimbic circuits, whereas the conceptually distinct dimension of *deprivation* (e.g., caregiver neglect, institutionalization) is thought to exert broader and less specific effects on brain development, particularly manifesting as reduced global metrics of gray matter thickness (McLaughlin et al., 2014b; Sheridan et al., 2012), as well as functional changes in sensory and association cortices (Chugani et al., 2001). Indeed, in our sample, amygdala-vmPFC connectivity was statistically associated with childhood physical abuse, and not physical or emotional neglect (Table S5). Interestingly, subjective reports of parental social status, an approximation of childhood socioeconomic disadvantage, was associated with amygdala-sgACC connectivity. It should be noted, however, that socioeconomic disadvantage is not thought to reflect the dimension of deprivation per se, but rather a mix of deprivation and threat (McLaughlin et al., 2014a).

Our observation of an association between childhood physical abuse and adulthood IL-6 agrees with cumulative and meta-analytic evidence (Baumeister et al., 2016). The precise mechanisms underlying this association are unclear, but may involve a combination of neuroendocrine influences (Heim et al., 2008), increased vulnerability to infections (Gilbert et al., 2009), and engagement in health-risk behaviors (Raposa et al., 2014). Regarding the latter pathway, the association of childhood physical abuse and inflammation in our study did not appear to be accounted for or confounded by smoking status, alcohol use, or body mass index. Prior studies have reported associations between systemic inflammation and diverse childhood adversities (Carroll et al., 2013; Miller et al., 2009b), yet associations with IL-6 observed in this study were relatively specific to physical abuse. With the exception of overall maltreatment (i.e., total CTQ score) and physical neglect, we did not observe statistical associations between IL-6 and other forms of childhood adversity. Moreover, we did not find a statistical association between childhood physical abuse and adult CRP, which is consistent with cumulative meta-analytic evidence (Baumeister et al., 2016). Indeed, the latter meta-analysis on early life adversity and adult inflammation indicated that the presence of clinical disorders might augment the effects of early life adversity on CRP; the nonsignificant

association in this healthy adult sample is consistent with this notion. Differences in these aspects of childhood adversity, such as their timing, exposure, chronicity, or other interpersonal or environmental characteristics, as well as the presence of psychiatric disorders later in life could explain differences in associations with peripheral physiology (Tottenham and Sheridan, 2010). Taken together, our findings linking childhood physical abuse to IL-6 adds to growing evidence that childhood adversity is a biobehavioral risk factor for systemic inflammation in midlife, which itself is a risk factor for diverse physical health outcomes (Geovanini and Libby, 2018; Libby et al., 2002; Vaziri and Rodríguez-Iturbe, 2006).

Circulating IL-6 was also associated with several features of resting corticolimbic connectivity in the present study, primarily comprising connections between the amygdala, hippocampus, vmPFC, and ventral portions of the ACC. These findings are largely consistent with a recent neuroimaging meta-analysis, which showed peripheral inflammatory physiology consistently associates with changes in activity within the amygdala, hippocampus, and vmPFC (Kraynak et al., 2018b). In extension of this literature on peripheral inflammation and corticolimbic activity, to our knowledge this study is the first to report associations between inflammation and corticolimbic connectivity at rest in a large, representative sample of midlife adults. For example, a recent study reported negative associations between CRP and amygdala-vmPFC connectivity in a sample of depressed adults (Mehta et al., 2018). Ancillary analyses focusing on CRP in the present sample showed a similar negative association between CRP and amygdala-vmPFC connectivity (see Supplemental Material). The latter study also reported associations of amygdala-vmPFC connectivity with symptoms of anxiety, which we did not observe in our asymptomatic midlife sample. A more recent paper from this group used large-scale network-based analyses and reported negative associations between CRP and connectivity within a widely distributed circuit encompassing the amygdala, parahippocampal gyrus, and orbitofrontal cortices, which anatomically aligns considerably with our ventral connectivity factor (Yin et al., 2019). Separately, we recently reported associations between circulating IL-6 and connectivity of the default mode network, which comprises corticolimbic regions including the vmPFC (Marsland et al., 2017). However, in the latter study we did not find inflammation-associated connectivity with canonical limbic areas, such as the amygdala or hippocampus. Taken together, our findings accord with a growing literature which suggests the corticolimbic circuit may be uniquely linked to peripheral inflammatory physiology (Harrison et al., 2009).

The physiological basis underlying the association of IL-6 and corticolimbic connectivity may be accounted for by bidirectional pathways linking peripheral inflammation and the brain (Irwin and Cole, 2011). First, peripheral IL-6 can influence corticolimbic connectivity in a ‘bottom-up’ or body-to-brain manner by accessing the brain and influencing local physiological processes, such as neurotransmitter metabolism, long term potentiation, synaptic plasticity, and structural remodeling in specific areas (Marsland et al., 2008; Marsland et al., 2015; Yirmiya and Goshen, 2011). In contrast, corticolimbic brain circuits can regulate peripheral inflammatory processes via ‘top-down’ or brain-to-body autonomic and neuroendocrine pathways, particularly during stress (Beissner et al., 2013; Ginty et al., 2017; Kraynak et al., 2018a).

Regarding the latter top-down pathway, it is plausible that experiences of childhood physical abuse could directly sensitize corticolimbic connectivity, resulting in dysregulated autonomic and neuroendocrine outflow in the periphery and thereafter promoting systemic inflammation. Indeed, this alternative formulation to the *a priori* model tested here accords with the neuroimmune network hypothesis (Nusslock and Miller, 2016), as well as evidence that connections between the vmPFC and limbic and brainstem visceromotor areas are implicated in stress reactivity and autonomic control (Critchley et al., 2011; Ginty et al., 2019; Roy et al., 2012). We examined this alternative explanation in post-hoc path analyses, and results suggested that while there was a statistical indirect effect of childhood physical abuse on

circulating IL-6 via adult amygdala-vmPFC connectivity (i.e., confidence intervals of indirect path estimates did not include zero), the direct effect of abuse on IL-6 remained statistically significant, and the indirect path explained 10% of the association between abuse and IL-6 (versus 22.2% in our original model). Hence, we cautiously speculate these data appear more in line with afferent (body-to-brain) effects linking IL-6 and corticolimbic connectivity (Fig. 1D) (Critchley and Harrison, 2013; Goehler et al., 2000). Future studies that longitudinally examine relationships between peripheral IL-6 and corticolimbic connectivity have the potential to address these uncertainties regarding bidirectional pathways that link childhood abuse to later health (Hostinar et al., 2017b).

Moreover, despite the uncertainties described above, our results reinforce the notion that childhood abuse exerts broad effects on multiple biological systems throughout the life course (Hostinar et al., 2017b). Hence, these results suggest peripheral inflammatory processes and their interaction with corticolimbic circuit functionality in particular may comprise a key pathway linking childhood abuse to multimorbidity in adulthood which spans mental and physical health conditions (Anisman and Hayley, 2012). Supporting this, exploratory path analyses indicated circulating IL-6 accounted for 22.2% of the association between childhood physical abuse and adult amygdala-vmPFC connectivity. The above suggests that while a sizeable portion of the association between childhood abuse and adult connectivity may be attributable to inflammatory processes, there is nonetheless a larger proportion not explained by IL-6 which our study did not address. We speculate this larger proportion of variance may be potentially explained by other important mediating factors, including neuroendocrine processes (Heim et al., 2008), physical exercise (Erickson et al., 2011), and engagement in health-risk behaviors (Raposa et al., 2014). Future studies should incorporate intensive sampling of these and other factors to examine parallel mediating pathways linking childhood abuse to later health. Finally, we note that ancillary moderation analyses were inconsistent with the notion of childhood abuse moderating (or up-regulating) links between IL-6 and corticolimbic connectivity [(Hostinar et al., 2017a), see Supplemental Material]. Rather, our primary analyses are consistent with models by which childhood abuse affects later corticolimbic circuit functionality and peripheral inflammation, the latter potentially serving as a mediating pathway.

A separate question regarding the mechanisms underlying our results involves the *developmental timing* of neurobiological and immune changes following childhood abuse. For example, prior studies of adolescents and young adults have reported associations of childhood maltreatment with elevated systemic inflammation (Danese et al., 2011; Slopen et al., 2013) and reduced corticolimbic connectivity (Herrington et al., 2013). Hence, it is possible that associations as reported in our study of midlife adults could have manifested earlier in life. Accordingly, future studies in adolescent and young adult samples should explicitly examine peripheral inflammation as a pathway emerging in adolescence that could impact developing corticolimbic functionality as well as its cognitive and affective sequelae.

Given the above associations, we further tested for associations with subclinical symptoms of depression, trait anxiety, and the personality feature of neuroticism. Our findings raise several open questions and potential inferences. First, null associations between reported childhood abuse with adulthood features of negative affect (e.g., trait anxiety and neuroticism) in our sample suggest these dispositions did not bias reports of childhood abuse, which is a major concern of retrospective measures (Watson and Pennebaker, 1989). Second, the positive association between IL-6 and depressive symptoms replicates findings from several prior cross-sectional studies (Jokela et al., 2016; Miller et al., 2009a; Stewart et al., 2009). This association also accords with mechanistic accounts by which experimental manipulations of systemic inflammation reliably induce a constellation of mood and affective changes, termed ‘sickness behaviors’, which overlap considerably with several features of depression (Dantzer et al., 2008;

Maier and Watkins, 1998; Miller et al., 2009b): Third, while we did not observe statistical associations between corticolimbic connectivity and depressive symptoms, we speculate such associations could become more apparent in clinical samples or among samples with a wider range of symptomatology. In extension, it may be that the majority of this sample exhibited elevated levels of resilience to the effects of childhood abuse on adult symptomatology and risk for clinical psychiatric disorders. In other words, there were many individuals in the present sample who reported physical abuse, but did not go on to develop mood, anxiety, or other disorders.

5. Limitations, future directions, and conclusion

Limitations to the present study warrant attention. First, the study design was cross-sectional, which precludes causal inference and may have biased reported effect sizes (Maxwell and Cole, 2007). However, to our knowledge, no prospective studies have examined the effects of childhood physical abuse on both neurobiological and inflammatory changes in adulthood. Hence, the present study provides a preliminary reference point for future prospective studies in this area [e.g., using longitudinal mediational modeling, (Cole and Maxwell, 2003)], indicating a need to focus specifically on physical abuse-related forms of childhood adversity and corticolimbic connectivity. Second, the present sample of midlife adults was screened to be free of major physical health conditions and diagnosed psychiatric disorders. Possibly as a result, the base-rate of childhood physical abuse was lower than in other samples with known trauma or diagnosed psychiatric disorders, as were facets of negative affect and depressive symptomatology. As a result, we may have been underpowered to detect significant adversity-related inflammatory or brain outcomes that have been reported elsewhere in the literature. Third, the retrospective nature of reporting childhood abuse has the potential to introduce recall and other forms of memory or reporting biases (Pope and Hudson, 1995; Usher and Neisser, 1993). However, it should be noted that prospective studies of childhood physical abuse are potentially subject to other complications and sources of bias, including low reporting rates and selective attrition (Teicher et al., 2016). Fourth, we only examined one marker of peripheral inflammation in our primary analyses, although we tested for effects of CRP in post-hoc analyses, which did not support our overall model (see Supplemental Material). Future studies in this area should utilize multiplex assays that test for a broad array of peripheral inflammatory indicators (e.g., IL-1 β , Tumor Necrosis Factor alpha) to identify patterns of peripheral inflammatory physiology that may be affected by childhood physical abuse. Finally, we only examined one of many hypothesized pathways implicated in the neuroimmune network hypothesis (Nusslock and Miller, 2016). Accordingly, future research should also consider predictions from the neuroimmune network hypothesis that pertain to other brain systems, namely reward and executive control networks. Indeed, the potential effects of childhood adversity on these latter brain systems may differ from those reported here, in terms of timing, effect size, and specific adversity type. Similarly, our study only tested systemic inflammation as a peripheral physiological pathway linking childhood physical abuse and the brain. Hence, future studies could integrate inflammatory measures as reported here with measures of autonomic (e.g., cardiac vagal) and neuroendocrine (e.g., hypothalamic–pituitary–adrenal axis) function, which are similarly thought to be implicated in childhood abuse and adult health (Gee et al., 2013; Heim et al., 2008; Shenk et al., 2010).

Limitations notwithstanding, the present findings offer support for several predictions from the neuroimmune network hypothesis; namely, associations between childhood physical abuse and resting brain corticolimbic connectivity in adulthood appear to be partially explained by systemic inflammation. As such, we speculate that peripheral inflammatory processes may correspond to an intermediate pathway and a possible target for interventions or preventative

strategies to reduce the adverse physical and mental consequences of childhood adversity.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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Appendix A. Supplementary data

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